



GCCS Middle School Menu

October 2026

EVERYDAY OPTIONS: Cheeseburger, Pepperoni or Cheese Pizza, PB&J, and Spicy or Regular Chicken Sandwich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 5	<i>Enjoy special themed lunch options during National School Lunch Week</i> 6		Chicken Biscuit 1 Cheese Croissant Orange Chicken w/ Rice Corndog Popcorn Chicken Salad Broccoli	Cinn Sugar Donut 2 Sausage & Cheese Slider French Toast w/ Sausage Chicken Nuggets Turkey Sandwich French Fries

Enjoy Your Fall Break

Fruit Smoothie 12 Ham & Cheese Croissant <i>Walking Taco</i> Hot Dog Pizza Salad Baby Carrots	Pancakes w/ Apples 13 Bacon, Egg & Cheese BBQ Riblet Sandwich Chicken Tenders w/ Pretzel & Cheese BBQ Chicken Wrap Green Beans	Parfait 14 Cheese Eggs & Toast <i>Loaded Tots</i> Italian Cheesy Bread Chef Salad Broccoli	Churro Bites 15 Cheese Croissant Italian Popcorn Chicken w/ Rice Corndog Popcorn Chicken Salad Baked Beans	Powdered Donut 16 Sausage & Cheese Slider <i>Honey BBQ Chicken</i> Waffle Sandwich Chicken Nuggets Turkey Sandwich French Fries
Fruit Smoothie 19 Bacon Cheese Biscuit Chicken Patty w/ Gravy Hot Dog Pizza Salad Baby Carrots	Pancakes & Sausage 20 Bacon, Egg & Cheese Meatball Sub Chicken Tenders w/ Breadstick BBQ Chicken Wrap Broccoli	Parfait 21 Ham & Egg Tortilla Mac & Cheese w/ Popcorn Chicken Italian Cheesy Bread Chef Salad Green Beans	Churro Bites 22 Cheese Croissant Cheesy Crunch Burger Corndog Popcorn Chicken Salad Baked Beans	Chocolate Donut 23 Sausage & Cheese Slider French Toast & Eggs Chicken Nuggets Turkey Sandwich French Fries
NATIONAL PUMPKIN DAY 26 Fruit Smoothie Pumpkin Spice Donuts BBQ Chicken Flatbread Hot Dog Pizza Salad Broccoli	Banana French Toast 27 Bacon, Egg & Cheese Sloppy Joe Chicken Tenders w/ Breadstick BBQ Chicken Wrap Black Beans	Parfait 28 Pizza Biscuit Garlic Chili Chicken w/ Rice Italian Cheesy Bread Chef Salad Green Beans	Sausage Kolache 29 Cheese Croissant Chicken Alfredo Corndog Popcorn Chicken Salad Baby Carrots	Maple Donut 30 Sausage & Cheese Slider Pancakes & Sausage Chicken Nuggets Turkey Sandwich French Fries