

Peas / Garden Salad

Corn / Baby Carrots

October 2025

PB&J offered daily at lunch

	Yogurt Pafaits offered every Wednesday at breakfast			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
We must offer at least one from each of the 5 subgroup starts and	ups each week: leafy	Turkey Sausage Cheese Biscuit BIC – Mini French Toast NATIONAL VEGETARIAN DAY	Ham Tot Strata w/ Toast BIC – Cinn Toast Pastry	Powdered Donut BIC - Poptarts Cheese or Pepperoni Pizza
Every breakfast and lunch served must include at least 1/2 cup of fruit or veg		Vegetarian Picadillo Burrito Cheeseburger Turkey Chef Salad Peas / Celery Sticks	Waffles w/ Sausage Corndog Popcorn Chx Salad Green Beans / Baby Carrots	Chx Nugget w/ Goldfish Ham Sandwich Fries / Garden Salad
		FALL BREAK		10
Max Sticks BIC – Blueberry Waffle Teriyaki Chx & Rice (Japan) Hot Dog Turkey Sandwich	Apple Cinn Muffins BIC – Cereal Fish & Chips (England) Chx Tender w/ Breadstick MYO Flatbread Pizza	Breakfast Pizza BIC – Caramel Mini Smoked Saus & Cheesy Potato Soup (Germany) Cheeseburger Turkey Chef Salad	Chx Biscuit 16 BIC – Choc Benefit Bar Turkey Bahn Mi (Vietnam) Corndog	Cinnamon Roll BIC – Grape Crescent Pizza (Italy) Chx Nugget w/ Goldfish
Baked Beans / Broccoli	Corn / Red Pepper Strips	Peas / Celery Sticks	Popcorn Chx Salad Green Beans / Cucumber	Ham Sandwich Fries / Baby Carrots
It's National School Lunch Week — TASTE THE WORLD! Try a new dish each day that is inspired by the country listed				
Bacon Egg & Cheese 20 Biscuit BIC - Cereal	French Toast 21 BIC – Cherry Frudel Mac & Cheese w/ Mini	Cheesy Ham Egg Tot 22 Taco BIC – Mini French Toast	Turkey Sausage Kolache 23 BIC – Cinn Toast Pastry	Choc Glazed Donut 24 BIC – Pop Tarts
Nachos Hot Dog Turkey Sandwich	Corndogs Chx Tender w/ Breadstick MYO Flatbread Pizza	Popcorn Chx Bowl Cheeseburger Turkey Chef Salad	Fish Sandwich w/ Cheese Corndog Popcorn Chx Salad	Cheese or Pepperoni Pizza Chx Nugget w/ Goldfish Ham Sandwich
Mexicali Corn / Green Pepper	Baked Beans / Celery Sticks	Mashed Potatoes / Corn	Peas / Baby Carrots	Fries / Broccoli
NATIONAL PUMPKIN DAY Pumpkin Muffin BIC - Cinnimini	Bacon Egg & Cheese Pizza BIC – Confetti Waffle	Churro Bites w/ PB Dip BIC – Ban Choc Benefit Bar	Ham & Cheese Quesadilla BIC – Cereal	Pumpkin Spice Donut Holes BIC – Mini Maple Pancakes
Pepperoni Pizza Bread Hot Dog Turkey Sandwich	BBQ Chx Melt Chx Tender w/ Breadstick MYO Flatbread Pizza	Pancake w/ Turkey Sausage Cheeseburger Turkey Chef Salad	Honey Popcorn Chx Corndog Popcorn Chx Salad	Cheese or Pepperoni Pizza Chx Nugget w/ Goldfish Ham Sandwich

Green Beans / Celery Sticks

Fries / Grape Tomatoes

Baked Beans / Broccoli