



# May 2024

## GCCS MIDDLE SCHOOL MENU

### Everyday Options

Cheeseburger

Spicy or Regular Chicken Sandwich

Pepperoni or Cheese Pizza

PB&J

Muffin Packs

All meals MUST include at least one serving of fruit or vegetables

Milk is optional

Powering potential.

	MON	TUES	WED	THURS	FRI
			<b>Cheesy Ham &amp; Egg Toast</b> <sup>1</sup> <b>Yogurt Parfait</b>  Waffle & Sausage Pizza Crunchers Spicy Popcom Chicken Salad Roasted Zucchini Green Peppers	<b>Sausage Pancake bites</b>  Chicken Quesadilla Comdog Ham & Cheese Sub Buttery Com Cauliflower	<sup>3</sup>  <b>NO SCHOOL!</b>
	<sup>6</sup> <b>Manager Choice Breakfast</b> <b>Manager Choice Lunch</b> Veggie Burger Hot Dog Spicy Popcom Chicken Salad Rainbow Mix Veggies Grape Tomatoes	<sup>7</sup>  <b>NO SCHOOL!</b>	<sup>8</sup> <b>Pancake Sausage Stick</b> <b>Yogurt Parfait</b>  Walking Taco Pizza Crunchers Chicken Taco Salad Kickin' Pinto Beans Fresh Zucchini	<sup>9</sup> <b>Glazed Donut</b>  Riblet Sandwich Comdog Turkey Chef Salad Com Celery Sticks	<sup>10</sup> <b>Ham &amp; Cheese Maple Flatbread</b>  Chicken Pimento Grilled Cheese Fish Sandwich Popcom Chicken Salad Orange Glazed Carrots Spinach Side Salad
	<sup>13</sup> <b>Confetti Pancakes</b>  Lasagna w/Roll Veggie Burger Hot Dog Turkey Chef Salad Green Beans Baby Carrots	<sup>14</sup> <b>Ham &amp; Cheese Biscuit</b>  Meatloaf & Roll Chicken Basket Ham & Cheese Sub Mashed Potatoes Red Pepper Strips	<sup>15</sup> <b>Sausage &amp; Cheese English Muffin</b>  Tropical Chicken Bowl Pizza Crunchers Turkey & Cheese Bagel Peas & Carrots Edamame	<sup>16</sup> <b>Blueberry Muffin Top</b>  French Toast & Sausage Comdog Spicy Popcom Chicken Salad Com Celery Sticks	<sup>17</sup> <b>Mixed Berry Scone</b>  Nacho Tots Fish Sandwich Pizza Salad Steamed Broccoli Spinach Side Salad
	<sup>20</sup> <b>Manager Choice Breakfast</b> <b>Manager Choice Lunch</b> Veggie Burger Hot Dog Turkey & Cheese Bagel Roasted Cauliflower Celery Sicks	<sup>2</sup> <b>Chicken &amp; Cheese Snack Wrap</b> <sup>1</sup> Beef Nachos Chicken Basket Popcom Chicken Salad Black Beans Baby Carrots	<sup>22</sup> <b>Apple Cinnamon Square</b>  Popcom Chicken Bowl Pizza Crunchers Turkey Chef Salad Mashed Potatoes Red Pepper Strips	<sup>23</sup> <b>Cheesy Egg Tot Taco</b>  Spaghetti & Meatballs Comdog Ham & Cheese Sub Steamed Broccoli Cucumber	<sup>24</sup> <b>Pancake Bites</b>  <b>National Hamburger Day</b> <b>Bacon Cheeseburger</b> Fish Sandwich Taco Chicken Salad Rainbow Mix Veggies Grape Tomatoes
					<sup>31</sup>

- enjoy -  
**summer**  
 have fun



Menus are subject to change.

This institution is an equal opportunity provider.