

Jeffersonville High School

Each station includes "Everyday Offerings" or "Daily Features"

September 2021

EVERYDAY OFFERINGS – BUILD YOUR OWN!

PICK A BREAD

Sub Bun, Wrap, Flatbread

GET SOME PROTEIN

Chicken Ham, Turkey, Diced Chicken

CHEESE

American, Swiss, Pepper Jack, Provolone

CUSTOMIZE

Lettuce, Tomato, Onion, Pickle,
Olives, Bacon

ADD A SPREAD

Ranch, Mayo, Honey Mustard,
Buffalo Sauce, BBQ Sauce



EVERYDAY OFFERINGS

Hamburger, Cheeseburger,
Plain Chicken Sandwich, Spicy Chicken Sandwich or PBJ Uncrustable
Lunch Pack



EVERYDAY OFFERINGS – MAKE YOUR OWN!

STARTERS

Tortilla Scoops, Soft Taco
Shells, Rice Bowl

GET SOME PROTEIN

Seasoned Beef, Fajita
Chicken Strips or Pork
Carnitas

CUSTOMIZE

Cheese, Lettuce, Tomato, Onion, Black
Olives, Banana Peppers, Jalapenos

TOP IT OFF

Salsa, Pico de Gallo, Hot Sauce, Sour Cream



EVERYDAY OFFERINGS

Cheese Pizza
Pepperoni Pizza



DAILY FEATURES:

(Specialty pizzas listed on calendar menu)

MONDAY

Papa John's Pizza

TUESDAY

Sausage Pizza

WEDNESDAY

BBQ Chicken Pizza

THURSDAY

Hawaiian Pizza

FRIDAY

Buffalo Chicken Pizza



Jeffersonville High School



Weekly Menu: September 2021



The entrées offered at the Main Plate change daily and like all items on our menu, they provide high quality selections that meet or exceed the latest federal and state requirements. Each menu is designed to ensure that students receive a balanced meal, consisting of foods from all major food groups in the right proportions to meet calorie and other nutrient needs. The products and the cooking methods we use conserve food quality and nutrients, while limiting the addition of fats & sodium, and eliminating frying.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|--|--|--|
| 9/1-9/3 | | | Country Fried Steak w/ Country Gravy & Roll Garlic Mashed Potatoes, Celery Sticks, Whole Apple, Diced Peaches | BBQ Pork Riblet Sandwich Steamed Broccoli, Baby Carrots, Strawberries, Applesauce | Bosco Cheese Sticks Orange Glazed Carrots, Red Pepper Strips, Grapes, Pineapple Chunks |
| 9/6-9/10 | No School Labor Day | eLearning Day | Ham & Cheese Baked Potato w/ Roll Steamed Broccoli, Baby Carrots, Apple Slices, Diced Peaches | Popcorn Chicken w/ Breadstick Green Peas, Cucumber Slices, Assorted Fresh Fruit, Applesauce | Breaded Fish Sandwich Melt Seasoned Green Beans, Creamy Coleslaw, Grapes, Mandarin Oranges |
| 9/13-9/17 | Italian Meatball Sub Green Beans, Tomatoes Wedges, Orange Wedges, Fruit Cocktail | Ham & Roasted Onion Flatbread Sandwich Carrot Coins, Fresh Cauliflower, Banana, Diced Pears | Chicken Alfredo w/ Garlic Breadstick Green Peas, Celery Sticks, Whole Apple, Diced Peaches | BBQ Diced Chicken Sandwich Baked Curly Fries, Cucumber Slices, Strawberries, Applesauce | Max Pizza Sticks w/ Marinara Baked Beans, Tomato & Cucumber Salad, Grapes, Pineapple Chunks |
| 9/20-9/24 | Meatball Pomodoro Bowl  Mashed Potatoes, Fresh Broccoli, Orange Wedges, Fruit Cocktail | Chicken & Waffles Black Beans, Red Pepper Strips, Banana, Diced Pears | French Toast Sticks w/ Turkey Sausage Links Baked Tater Tots, Celery Sticks, Apples, Diced Peaches | Meatball Pomodoro Bowl  Roasted Carrots, Cucumber Slices, Assorted Fresh Fruit, Applesauce | Cheesy Pull-A-Parts Steamed Broccoli, Marinated Green Bean Salad, Grapes, Mandarin Oranges |
| 9/27-9/30 | The Backyard Burger Seasoned Green Beans, Fresh Broccoli, Orange Wedges, Fruit Cocktail | Bacon, Egg & Cheese Tacos Mexican Style Street Corn, Red Pepper Strips, Banana, Diced Pears | BBQ Pulled Pork Sandwich Green Peas, Cucumber & Tomato Salad, Apples, Diced Peaches | Grilled Three Cheese Sandwich Baked Beans, Baby Carrots, Assorted Fresh Fruit, Applesauce | |

SERVING BREAKFAST ANYWHERE YOU ARE

Did You Know? We offer breakfast everyday! The cafeteria is open at **7:30**.

A MOBILE BREAKFAST CART will be open outside of the cafe before class & after 1st period.

Breakfast Pricing: Students: Free
Adults: \$2.40



OTHER LUNCH NOTES

Available Beverages: Chocolate Skim Milk, 1% White Milk, Strawberry Skim Milk, Assorted 100% Fruit Juices

Lunch Pricing: Students: Free | Adults: \$4.50

To qualify as a full lunch meal, a student must take a fruit or veggie, plus two other items.

We are hiring! Visit [Aramark.com/careers](https://www.aramark.com/careers) to become a school foodservice associate.