


# Charlestown High School



Lunch Pricing: Students – Free | Milk \$0.55 | Adult \$4.50

## September Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
9/1-9/3			Country Fried Steak w/ Country Gravy & Roll  Garlic Mashed Potatoes, Celery Sticks, Whole Apple, Diced Peaches	BBQ Pork Riblet Sandwich Papa John's Pizza  Steamed Broccoli, Baby Carrots, Strawberries, Applesauce	Bosco Cheese Sticks  Orange Glazed Carrots, Red Pepper Strips, Grapes, Pineapple Chunks
9/6-9/10	No School Labor Day	eLearning Day	Ham & Cheese Baked Potato w/ Roll  Steamed Broccoli, Baby Carrots, Apple Slices, Diced Peaches	Popcorn Chicken w/ Breadstick Papa John's Pizza  Green Peas, Cucumber Slices, Assorted Fresh Fruit, Applesauce	Breaded Fish Sandwich  Seasoned Green Beans, Creamy Coleslaw, Grapes, Mandarin Oranges
9/13-9/17	Meatball Sub  Green Beans, Tomatoes Wedges, Orange Wedges, Fruit Cocktail	Beef or Chicken Nacho Bar  Carrot Coins, Fresh Cauliflower, Banana, Diced Pears	Chicken Alfredo w/ Garlic Breadstick  Green Peas, Celery Sticks, Whole Apple, Diced Peaches	BBQ Diced Chicken Sandwich Papa John's Pizza  Baked Curly Fries, Cucumber Slices, Strawberries, Applesauce	Max Pizza Sticks w/ Marinara  Baked Beans, Tomato & Cucumber Salad, Grapes, Pineapple Chunks
9/20-9/24	Salisbury Steak w/ Gravy & Dinner Roll  Mixed Veggies, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Beef Pomodoro Bowl  Black Beans, Red Pepper Strips, Banana, Diced Pears	French Toast Sticks w/ Turkey Sausage Links  Baked Tater Tots, Celery Sticks, Apples, Diced Peaches	Beef Pomodoro Bowl  Papa John's Pizza  Roasted Carrots, Cucumber Slices, Assorted Fresh Fruit, Applesauce	Cheesy Pull-A-Parts  Steamed Broccoli, Marinated Green Bean Salad, Grapes, Mandarin Oranges
9/27-9/30	The Backyard Burger  Seasoned Green Beans, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Beef or Chicken Nacho Bar  Mexican Style Street Corn, Red Pepper Strips, Banana, Diced Pears	BBQ Pulled Pork Sandwich  Green Peas, Cucumber & Tomato Salad, Apples, Diced Peaches	Grilled Three Cheese Sandwich Papa John's Pizza  Baked Beans, Baby Carrots, Assorted Fresh Fruit, Applesauce	

### Daily Offerings

Hamburger, Cheeseburger,  
Plain or Spicy Chicken Sandwich, Cheese or Pepperoni Pizza  
PBJ Uncrustable Lunch Packs

### Rotating Daily Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Cheese Wrap Popcorn Chicken Salad w/ roll	Ham & Cheese Sandwich Nacho Salad w/ Tortilla Chips	Turkey & Swiss Sub All – American Salad w/ roll	Cheesy Wrap Egg Chef Salad w/ roll	Assorted Deli Options

### OTHER LUNCH NOTES

**Available Beverages:** Chocolate Skim Milk, 1% Milk, Strawberry Skim Milk, Assorted 100% Fruit Juices

**To qualify as a full FREE lunch meal, a student must take a fruit or vegetable, plus two other items.**

### NOW SERVING BREAKFAST ANYWHERE YOU ARE

**Did You Know?** All of our grains are rich in whole grains?

**We are hiring! Visit [Aramark.com/careers](https://aramark.com/careers) to become a school foodservice associate.**