



September 2022

New Washington Middle High School

LUNCH MENU

- Papa John's Pizza Served every Thursday

- **Monday:** Boneless Wing Bar
- **Tuesday:** Nacho Bar
- **Wednesday:** Breakfast Bar
- **Thursday:** Baked Potato Bar
- **Friday:** Mac & Cheese Mix It Up

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
			¹ BBQ Riblet Roasted Carrots, Cucumber Slices	² Chicken Dumplings w/ Lomein Steamed Broccoli, Green Bean Salad
⁵ No School Labor Day	⁶ eLearning Day	⁷ BBQ Pulled Pork Sandwich Baked Beans, Cucumber Tomato Salad	⁸ Chicken Mashed Potato Bowl & Roll Peas, Baby Carrots	⁹ Philly Cheesesteak Collard Greens, Coleslaw
¹² Fish Sticks & CB Poppers Kickin' Pintos, Grape Tomatoes	¹³ Loaded Tater Tot & Chicken Bowl Peas, Cucumber Slices	¹⁴ Country Fried Steak w/ Gravy & Roll Mashed Potatoes, Celery Sticks	¹⁵ BBQ Pork Riblet Steamed Broccoli, Baby Carrots	¹⁶ Chicken Bacon Ranch FB Steamed Carrots, Red Pepper Strips
¹⁹ Harvest Grain Bowl Mixed Veggies, Fresh Broccoli	²⁰ Harvest Grain Bowl Green Beans, Red Pepper Strips	²¹ Spaghetti & Meatballs w/ Garlic Toast Steamed Broccoli, Baby Carrots	²² Popcorn Chicken & CB Poppers Charro Black Beans, Celery Sticks	²³ Fish Sandwich Melt Corn, Coleslaw
²⁶ Meatball Sub Green Beans, Grape Tomatoes	²⁷ BBQ Pulled Pork Sandwich Steamed Carrots, Fresh Cauliflower	²⁸ Chicken Alfredo & Breadstick Peas, Celery Sticks	²⁹ Sweet & Spicy Mac n' Cheese Baked Curly Fries, Cucumber Slices	³⁰ Ham, Onion & Cheese FB Baked Beans, Tomato & Cucumber Salad

Menus are subject to change.



Limited Time Offer:
Harvest Grain Bowl



This institution is an equal opportunity provider.