



September 2022

Middle School LUNCH MENU

MON	TUES	WED	THURS	FRI
			¹ Bonless Wings & CB Poppers Steamed Carrots, Celery Sticks	² Breaded Fish Sandwich Green Beans, Grape Tomatoes
⁵ No School Labor Day	⁶ eLearning Day	⁷ BBQ Riblet Green Peas, Baby Carrots	⁸ Roast Turkey & Gravy W/ Roll Steamed Broccoli, Celery Sticks	⁹ Buffalo Chicken Wrap Baked Beans, Cucumber Tomato Salad
¹² French Toast Sticks & Sausage Baked Tater Tots, Grape Tomatoes	¹³ Nacho Bar Kickin' Pintos, Cucumber Slices	¹⁴ Grilled Cheese Sweet Potato Fries, Celery Sticks	¹⁵ Chicken Alfredo W/ Garlic Toast Green Peas, Baby Carrots	¹⁶ Fish Tacos Steamed Broccoli, Red Peppers
¹⁹ Harvest Grain Bowl Buttered Corn, Baby Carrots	²⁰ Harvest Grain Bowl Black Beans, Red Pepper Strips	²¹ Backyard Burger Green Beans, Celery Sticks	²² BBQ Pulled Pork Steamed Carrots, Cucumber Slices	²³ TexMex Popcorn Chicken W/ CB Poppers Collard Greens, Slaw
²⁶ Country Fried Steak w/ Gravy & Roll Mashed Potatoes, Grape Tomatoes	²⁷ Nacho Bar Roasted Carrots, Fresh Cauliflower	²⁸ Chicken Dumplings & Lomein Mixed Veggies, Celery Sticks	²⁹ Ham & Cheese Baked Potato w/ Roll Broccoli, Baby Carrots	³⁰ Meatball Sub Baked Beans, Broccoli Florets

• Papa John's Pizza Served every Monday

Available Daily:
• Breaded Chicken Sandwich
• Spicy Chicken Sandwich

• Now hiring food service associates. Visit aramarkcareers.com to become a foodservice associate @ GCCS!

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.

Menus are subject to change.



Limited Time Offer:
Harvest Grain Bowl



This institution is an equal opportunity provider.