



# September 2022

## Charlestown High School

### LUNCH MENU

- Papa John's Pizza Served every Thursday

- **Monday:** Boneless Wing Bar
- **Tuesday:** Nacho Bar
- **Wednesday:** Breakfast Bar
- **Thursday:** Baked Potato Bar
- **Friday:** Mac & Cheese Mix It Up

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

MON	TUES	WED	THURS	FRI
			<sup>1</sup> <b>BBQ Riblet</b> Roasted Carrots, Cucumber Slices	<sup>2</sup> <b>Chicken Dumplings w/ Lomein</b> Steamed Broccoli, Green Bean Salad
<sup>5</sup> <b>No School Labor Day</b>	<sup>6</sup> <b>eLearning Day</b>	<sup>7</sup> <b>BBQ Pulled Pork Sandwich</b> Baked Beans, Cucumber Tomato Salad	<sup>8</sup> <b>Chicken Mashed Potato Bowl &amp; Roll</b> Peas, Baby Carrots	<sup>9</sup> <b>Philly Cheesesteak</b> Collard Greens, Coleslaw
<sup>12</sup> <b>Fish Sticks &amp; CB Poppers</b> Kickin' Pintos, Grape Tomatoes	<sup>13</sup> <b>Loaded Tater Tot &amp; Chicken Bowl</b> Peas, Cucumber Slices	<sup>14</sup> <b>Country Fried Steak w/ Gravy &amp; Roll</b> Mashed Potatoes, Celery Sticks	<sup>15</sup> <b>BBQ Pork Riblet</b> Steamed Broccoli, Baby Carrots	<sup>16</sup> <b>Chicken Bacon Ranch FB</b> Steamed Carrots, Red Pepper Strips
<sup>19</sup> <b>Harvest Grain Bowl</b> Mixed Veggies, Fresh Broccoli	<sup>20</sup> <b>Harvest Grain Bowl</b> Green Beans, Red Pepper Strips	<sup>21</sup> <b>Spaghetti &amp; Meatballs w/ Garlic Toast</b> Steamed Broccoli, Baby Carrots	<sup>22</sup> <b>Popcorn Chicken &amp; CB Poppers</b> Charro Black Beans, Celery Sticks	<sup>23</sup> <b>Fish Sandwich Melt</b> Corn, Coleslaw
<sup>26</sup> <b>Meatball Sub</b> Green Beans, Grape Tomatoes	<sup>27</sup> <b>BBQ Pulled Pork Sandwich</b> Steamed Carrots, Fresh Cauliflower	<sup>28</sup> <b>Chicken Alfredo &amp; Breadstick</b> Peas, Celery Sticks	<sup>29</sup> <b>Sweet &amp; Spicy Mac n' Cheese</b> Baked Curly Fries, Cucumber Slices	<sup>30</sup> <b>Ham, Onion &amp; Cheese FB</b> Baked Beans, Tomato & Cucumber Salad

Menus are subject to change.



**Limited Time Offer:**  
Harvest Grain Bowl



This institution is an equal opportunity provider.