the ines

GCCS Middle School Breakfast Menu

refresh. refuel. relax.

May 2022

2

Cinnamon Toast Crunch Soft Filled Bar

Apple
Diced Pears
100% Fruit Juice

3

Breakfast Pizza

Orange Fruit Cocktail 100% Fruit Juice 4

Cheesy Ham Biscuit

Banana Applesauce 100% Fruit Juice 5

Mini Maple Pancakes

Apple Slices Craisins 100% Fruit Juice

No School Oaks Day

9

Mini Cinnis

Apple
Diced Pears
100% Fruit Juice

10

Sausage Wrapped Pancake

Orange Fruit Cocktail 100% Fruit Juice 11

Maple Bacon Donut

Banana Applesauce 100% Fruit Juice 12

Cocoa Puff Soft Filled

Apple Slices Raisins 100% Fruit Juice 13

French Toast Sticks

Orange Wedges Diced Peaches 100% Fruit Juice

16

Blueberry Waffles

Apple Diced Pears 100% Fruit Juice 17

Orange Glazed Cinnamon Roll

Orange Fruit Cocktail 100% Fruit Juice 18

Apple Bosco Sticks

Banana Applesauce 100% Fruit Juice 19

Cinnamon Sugar Donut Holes

Apple Craisins 100% Fruit Juice 20

Confetti Pancakes

Orange Diced Peaches 100% Fruit Juice

23

Chocolate Filled Crescent

Apple Diced Pears 100% Fruit Juice 24

Whole Grain Glazed Donut

Orange Fruit Cocktail 100% Fruit Juice 25

Sausage & Egg Biscuit Melt

Banana Applesauce 100% Fruit Juice 26

Manager's Choice Entree

Apple Craisins 100% Fruit Juice 27

30

31



Available Daily:

Grab & Go Options (Pick ONE item)...

Assorted Benefit Bars, 4oz Assorted Muffins, Crunchmaina Crackers & Small
PBJ Uncrustable, 2 ounce cereal bowl

Grab & Go Options (Pick TWO items)...

Choose between assortments of the Following: cereals, Pop Tarts, Graham Crackers, Nutri-Grain Bars, 2oz muffins, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

Student Breakfast - Free | Adult Breakfast - \$2.50

- Milk Offered Daily 1% White, Skim Chocolate, or Strawberry
- Did you know that all grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains?

We are hiring! Visit <u>Aramark.com/careers</u> to become a school foodservice associate.

Menus are subject to change without notice.

