




# Jeffersonville High School



May 2022



The entrées offered at the Main Plate change daily and like all items on our menu, they provide high quality selections that meet or exceed the latest federal and state requirements. Each menu is designed to ensure that students receive a balanced meal, consisting of foods from all major food groups in the right proportions to meet calorie and other nutrient needs. The products and the cooking methods we use conserve food quality and nutrients, while limiting the addition of fats & sodium, and eliminating frying.

	Monday	Tuesday	Wednesday	Thursday	Friday
5/2-5/6	French Toast Sticks w/ Turkey Sausage Links  Baked Tater Tots, Tomato Wedges, Orange Wedges, Fruit Cocktail	Farmhouse Chicken Sandwich  Kickin' Pinto Beans, Cucumber Slices, Banana, Diced Pears	Country Fried Steak w/ Country Gravy & Roll  Garlic Mashed Potatoes, Celery Sticks, Whole Apple, Diced Peaches	BBQ Pork Riblet Sandwich  Steamed Broccoli, Baby Carrots, Strawberries, Applesauce	No School Oaks Day
5/9-5/13	Chili Cheese Dog  Charro Black Beans, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Oven Roasted Chicken Drumstick w/ Biscuit  Mexicali Corn, Red Pepper Strips, Banana, Diced Pears	Ham & Cheese Baked Potato w/ Roll  Steamed Broccoli, Baby Carrots, Apple Slices, Diced Peaches	Popcorn Chicken w/ Breadstick  Green Peas, Cucumber Slices, Assorted Fresh Fruit, Applesauce	Breaded Fish Sandwich Melt  Seasoned Green Beans, Creamy Coleslaw, Grapes, Mandarin Oranges
5/16-5/20	<b>Banh Mi Turkey Sandwich</b>  Green Beans, Tomatoes Wedges, Orange Wedges, Fruit Cocktail	Beef Chili & Cinnamon Roll  Carrot Coins, Fresh Cauliflower, Banana, Diced Pears	<b>Banh Mi Turkey Sandwich</b>  Green Peas, Celery Sticks, Whole Apple, Diced Peaches	BBQ Diced Chicken Sandwich  Baked Curly Fries, Cucumber Slices, Strawberries, Applesauce	Max Pizza Sticks w/ Marinara  Baked Beans, Tomato & Cucumber Salad, Grapes, Pineapple Chunks
5/23-5/27	Salisbury Steak w/ Gravy & Dinner Roll  Mashed Potatoes, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Chicken & Waffles  Black Beans, Red Pepper Strips, Banana, Diced Pears	French Toast Sticks w/ Turkey Sausage Links  Baked Tater Tots, Celery Sticks, Apples, Diced Peaches	<b>Manager's Choice Entree</b>  Roasted Carrots, Cucumber Slices, Assorted Fresh Fruit, Applesauce	
5/30-5/31					

## EVERYDAY OFFERINGS

**Hamburger, Cheeseburger, Plain Chicken Sandwich, Spicy Chicken Sandwich, or PBJ Uncrustable Lunch Pack**

**Cheese or Pepperoni Pizza**

**Beef, Chicken or Pork Nachos**

**Chicken Bacon Ranch Panini**

## OTHER LUNCH NOTES

**Available Beverages:** Chocolate Skim Milk, 1% White Milk, Strawberry Skim Milk, Assorted 100% Fruit Juices

**Lunch Pricing:** Students: Free | Adults: \$4.60

To qualify as a full lunch meal, a student must take a fruit or veggie, plus two other items.

**We are hiring! Visit [Aramark.com/careers](https://aramark.com/careers) to become a school foodservice associate.**