

# New Washington Middle High School



Lunch Pricing: Students – Free | Milk \$0.55 | Adult \$4.50

## July & August Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
7/28-7/30 & 8/31	<b>AUGUST CONTINUED</b> French Toast Sticks w/ Turkey Sausage Links	<b>AUGUST CONTINUED</b> Beef or Chicken Nacho Bar	Country Fried Steak <b>July 28</b> w/ Country Gravy & Roll	BBQ Pork Riblet Sdw. <b>July 29</b> Papa John's Pizza	Bosco Cheese Sticks <b>July 30</b>
8/2-8/6	Baked Tater Tots, Tomato Wedges, Orange Wedges, Fruit Cocktail Chili Cheese Dog	Kickin' Pinto Beans, Cucumber Slices, Banana, Diced Pears	Garlic Mashed Potatoes, Celery Sticks, Whole Apple, Diced Peaches	Steamed Broccoli, Baby Carrots, Strawberries, Applesauce	Orange Glazed Carrots, Red Pepper Strips, Grapes, Pineapple Chunks
8/9-8/13	Charro Black Beans, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Beef or Chicken Nacho Bar	Ham & Cheese Baked Potato w/ Roll	Popcorn Chicken w/ Breadstick Papa John's Pizza	Breaded Fish Sandwich
8/16-8/20	Meatball Sub	Mexicali Corn, Red Pepper Strips, Banana, Diced Pears	Steamed Broccoli, Baby Carrots, Apple Slices, Diced Peaches	Green Peas, Cucumber Slices, Assorted Fresh Fruit, Applesauce	Seasoned Green Beans, Creamy Coleslaw, Grapes, Mandarin Oranges
8/23-8/27	Green Beans, Tomatoes Wedges, Orange Wedges, Fruit Cocktail	Beef or Chicken Nacho Bar	Chicken Alfredo w/ Garlic Breadstick	BBQ Diced Chicken Sandwich Papa John's Pizza	Max Pizza Sticks w/ Marinara
	Hawaiian Chicken Poke Bowl 	Carrot Coins, Fresh Cauliflower, Banana, Diced Pears	Green Peas, Celery Sticks, Whole Apple, Diced Peaches	Roasted Carrots, Cucumber Slices, Strawberries, Applesauce	Baked Beans, Tomato & Cucumber Salad, Grapes, Pineapple Chunks
	Hawaiian Chicken Poke Bowl 	Fajita Chicken & Sante Fe Rice Bowl	Hawaiian Chicken Poke Bowl 	Fish Sticks w/ Macaroni & Cheese Papa John's Pizza	Cheesy Pull-A-Parts
	Mashed Potatoes, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Black Beans, Red Pepper Strips, Banana, Diced Pears	Baked Tater Tots, Celery Sticks, Apples, Diced Peaches	Roasted Carrots, Cucumber Slices, Assorted Fresh Fruit, Applesauce	Steamed Broccoli, Marinated Green Bean Salad, Grapes, Mandarin Oranges
	The Backyard Burger	Beef or Chicken Nacho Bar	BBQ Pulled Pork Sandwich	Grilled Three Cheese Sandwich Papa John's Pizza	Chicken Nuggets & Biscuit
	Seasoned Green Beans, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Mexican Style Street Corn, Red Pepper Strips, Banana, Diced Pears	Green Peas, Cucumber & Tomato Salad, Apples, Diced Peaches	Baked Beans, Baby Carrots, Assorted Fresh Fruit, Applesauce	Collard Greens, Creamy Coleslaw, Grapes, Mandarin Oranges

### Daily Offerings

Hamburger, Cheeseburger,  
Plain or Spicy Chicken Sandwich, Cheese or Pepperoni Pizza  
PBJ Uncrustable Lunch Packs

### Rotating Daily Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Cheese Wrap Popcorn Chicken Salad w/ roll	Ham & Cheese Sandwich Nacho Salad w/ Tortilla Chips	Turkey & Swiss Sub All – American Salad w/ roll	Cheesy Wrap Egg Chef Salad w/ roll	Assorted Deli Options

### OTHER LUNCH NOTES

**Available Beverages:** Chocolate Skim Milk, 1%  
Milk, Strawberry Skim Milk, Assorted 100% Fruit  
Juices

**To qualify as a full FREE lunch meal, a student  
must take a fruit or VEGGIE, plus two other items.**

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grains?

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a school foodservice associate.**