## GCCS Middle School Breakfast Menu

refresh. refuel. relax.

May 2021

**Blueberry Bash Waffles** 

Diced Pears 100% Fruit Juice

Vanilla Glazed Donut

Orange Fruit Cocktail 100% Fruit Juice

Turkey Sausage Pancake Wrap

Seasonal Fruit Variety Applesauce 100% Fruit Juice

**Maple Burst Pancakes** 

Banana Craisins 100% Fruit Juice

**Cinnamon Toast** Crunch Soft Filled Bar

Grapes **Diced Peaches** 100% Fruit Juice

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**Cinnamon French Toast** 

**Diced Pears** 100% Fruit Juice

Jumbo Muffin

Orange Fruit Cocktail 100% Fruit Juice 12

Cheesy Egg Biscuit

Seasonal Fruit Variety Applesauce 100% Fruit Juice

13

**Pop-Tart Variety** 

Banana Craisins 100% Fruit Juice 14

E-Learning Day

17

**Banana Chocolate Chip Benefit Bar** 

Apple **Diced Pears** 100% Fruit Juice 18

Mini Cinnamon Rolls

Orange Fruit Cocktail 100% Fruit Juice 19

Sausage Breakfast Pizza

Seasonal Fruit Variety **Applesauce** 100% Fruit Juice

20

Sausage Biscuit

Banana Craisins 100% Fruit Juice

Cocoa Puff Soft Filled Bar

Grapes Mandarin Oranges 100% Fruit Juice

24

Mini Confetti Pancakes

Apple **Diced Pears** 100% Fruit Juice 25

Cinnamon Biscuit

Orange Fruit Cocktail 100% Fruit Juice

Sausage & Cheese **Biscuit** 

Seasonal Fruit Variety Applesauce 100% Fruit Juice

**Powdered Sugar Donut** Holes

Banana Craisins 100% Fruit Juice 28

Have a great summer!

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Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following: Cereals, Pop Tarts, Graham Crackers, NutriGrain Bars, Muffins, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

PRICING: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.15

ALL Parkview & River Valley Students qualify for FREE Breakfast & Lunch

More info...

Milk Offered Daily - Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.

