






River Valley Middle School

Mix It Up Line 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
Pasta Topped with marinara, alfredo, meatballs, chicken and/or veggies & Parmesan Garlic Breadstick	Burger Bar with your choices of garden-fresh toppings and your choice of American, Cheddar, Pepper jack, Provolone & Swiss cheese	Breakfast Bar with either Pancakes, Waffles, Cheesy Eggs & Toast, French Toast Sticks with Turkey Sausage Links – be sure to check out what we have every Wednesday!	Stir Fry Flavorful oriental meats otopop your choice of grain w/ steamed veggies & a roll	Papa John's Pizza – a local favorite!



EVERYDAY OFFERINGS
Cheese & Pepperoni Pizza Cheese Pizza Sticks w/ Marinara Sauce Cheese Bosco Sticks Papa John's Pizza every Friday



Line 3 EVERYDAY OFFERINGS – MAKE YOUR OWN!	
STARTERS Tortilla Scoops, Soft Taco Shells, Rice Bowl	CUSTOMIZE Cheese, Lettuce, Tomato, Onion, Black Olives, Banana Peppers, Jalapenos
GET SOME PROTEIN Seasoned Chicken, Seasoned Beef, or NEW Fajita Chicken	TOP IT OFF Salsa, Pico de Gallo, Hot Sauce, Sour Cream

River Valley Middle School



Weekly Menu: September 2020



	Monday	Tuesday	Wednesday	Thursday	Friday
9/1-9/4		Breaded Chicken Parmesan & Noodles Cobb Salad w/ Breadstick Roasted Vegetables, Red Pepper Strips, Banana, Diced Pears	Chicken Ham & Cheese Potato w/Roll Turkey & Cheese Salad w/Roll Seasoned Green Peas, Tomato Wedges, Whole Apple, Diced Peaches	Oven Roasted Chicken Drumstick w/Macaroni & Cheese Muffin, Yogurt & Fruit Pack Rainbow Blend Veggies, Celery, Seasonal Fruit Variety, Applesauce	E-Learning Day
9/7-9/11	No School Labor Day	E-Learning Day	Breaded Mozzarella Sticks w/Marinara Egg Chef Salad w/Roll Seasoned Sweet Potato Fries, Cucumber Slices, Apple Wedges, Diced Peaches	Disco Fries w/Tortilla Scoops Beef Nacho Salad w/Tortilla Chips Rainbow Blend Veggies, Celery, Seasonal Fruit Variety, Applesauce	Chili Cheese Baked Potato w/Corn Muffin Turkey & Cheese Salad w/Roll Collard Greens, Cucumber Tomato Salad, Fresh Fruit Mix, Diced Pears
9/14-9/18	Fish Sticks w/Sriracha Chili Sauce & Macaroni & Cheese Ham Pizza Salad w/Breadstick Seasoned Potato Wedges, Fresh Tomatoes, Orange Slices, Fruit Cocktail	Loaded Tater Tots & Popcorn Chicken w/Garlic Bread BLT Chicken Salad Sub Roasted Cauliflower, Cucumber Slices, Banana, Diced Pears	Breaded Mozzarella Sticks w/Marinara Jumbo Cheese Ravioli w/Breadstick Muffin, Yogurt & Fruit Pack Seasoned Green Beans, Celery Sticks, Whole Apple, Diced Peaches	Ham, Cheese, & Caramelized Onion Flatbread Ham & Cheese Salad w/Roll Chipotle Campfire Beans, Baby Carrots, Seasonal Fruit Variety, Applesauce	Cajun Chili Fries Chicken Taco Salad w/Tortilla Chips Steamed Broccoli, Red Pepper Strips, Fresh Fruit Mix, Diced Peaches
9/21-9/25	Hangtime Basket Popcorn Chicken Salad w/Garlic Breadstick BBQ Black Beans, Baby Carrots, Orange Wedges, Fruit Cocktail	Sloppy Joe Sandwich Cobb Salad w/ Roll Roasted Carrots, Fresh Cauliflower Florets, Apple Wedges, Pineapple Chunks	Country Popcorn Chicken Bowl w/Dinner Roll Turkey & Cheese Salad w/Dinner Roll Seasoned Sweet Potato Fries, Fresh Zucchini, Apple Wedges, Diced Peaches	Chicken White Bean Chili w/Corn Muffin Beef Nacho Salad w/ Tortilla Chips Mexicali Corn, Celery Sticks, Watermelon, Applesauce	Breaded Fish Sandwich BLT Chicken Salad Sub Steamed Kale, Creamy Coleslaw, Fresh Fruit Mix, Diced Pears
9/28-10/2	Country Fried Steak w/Country Gravy & Roll Breaded Buffalo Chicken Salad w/Roll Garlic Parmesan Mashed Potatoes, Tomato Wedges, Orange Slices, Fruit Cocktail	Doritos Nacho Cheese Walking Taco Cobb Salad w/Roll Roasted Carrots, Fresh Cauliflower Florets, Apple Wedges, Pineapple Chunks	Grilled Cheese & Bacon Melt Ham Pizza Salad w/Breadstick Roasted Brussel Sprouts, Celery Sticks, Banana, Diced Peaches	Mini Chicken Corndogs Beef Taco Salad w/Tortilla Chips Kickin' Pinto Beans, Baby Carrots, Mixed Berries, Applesauce	Birthday Celebration Chicken Tenders w/Biscuit Ham & Cheese Salad w/Roll Steamed Broccoli, Cucumber Tomato Salad, Fresh Fruit Mix, Mandarin Oranges

SERVING BREAKFAST ANYWHERE YOU ARE

Did You Know? We offer breakfast everyday!

A MOBILE BREAKFAST CART will be open outside of the cafe before class & after 1st period.

Breakfast Pricing: FREE for ALL students
Adult - \$2.15

