Jeffersonville High School

Each station includes "Everyday Offerings" and "Daily Features"

July - Aug 2020

EVERYDAY OFFERINGS – BUILD YOUR OWN!

PICK A BREAD
Sub Roll, Wrap, Flatbread

GET SOME PROTEIN
Ham, Turkey, Diced Chicken, **NEW Fajita Chicken**

CHEESE
American, Swiss, Pepper Jack, Provolone

CUSTOMIZE
Lettuce, Tomato, Onion, Pickle, Olives, Bacon

ADD A SPREAD
Ranch, Mayo, Honey Mustard, Buffalo Sauce, BBQ Sauce

DAILY FEATURES: Chicken Bacon Ranch FB Panini, PBJ Uncrustable, Pizza Packable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Nacho Salad W/ Tortilla Scoops	Ranch Chicken Salad W/ Roll	Chicken Baja Salad W/ Roll	Chicken Ham Chef Salad W/ Roll	Popcorn Chicken Salad

EVERYDAY OFFERINGS

Grilled Chicken Filet, Breaded Chicken Patty,
Spicy Breaded Chicken Patty
All sandwiches served on a whole grain bun
Variety of cheeses, veggie toppings and spreads available daily

EVERYDAY OFFERINGS – MAKE YOUR OWN!

STARTERS
Tortilla Scoops, Soft Taco Shells, Rice Bowl

GET SOME PROTEIN
Seasoned Chicken, Beef, or **NEW Fajita Chicken**

CUSTOMIZE
Cheese, Lettuce, Tomato, Onion, Black Olives, Banana Peppers, Jalapenos

TOP IT OFF
Salsa, Pico de Gallo, Hot Sauce, Sour Cream

EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza
Cheese Pizza Sticks w/ Marinara Sauce

DAILY FEATURES:
(Specialty pizzas listed on calendar menu)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Papa John's Pizza	Sausage Pizza	Variety of Specialty Pizzas	Sausage Pizza	Variety of Specialty Pizzas

Jeffersonville High School

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Weekly Menu: MONTH 2020

MAIN PLATE
HOME OF THE MAIN COURSE & MORE

FUEL

The entrées offered at the Main Plate change daily and like all items on our menu, they provide high quality selections that meet or exceed the latest federal and state requirements. Each menu is designed to ensure that students receive a balanced meal, consisting of foods from all major food groups in the right proportions to meet calorie and other nutrient needs. The products and the cooking methods we use conserve food quality and nutrients, while limiting the addition of fats & sodium, and eliminating frying.

	Monday	Tuesday	Wednesday	Thursday	Friday
7/29-7/31,8/31	Salisbury Steak & Parsley Noodles Corn, Fresh Broccoli Florets, Orange Wedges, Fruit Mix	**Welcome Back**	Chicken Ham & Cheese Baked Potato W/ Roll Kickin' Pinto Beans, Cucumber Slices, Banana, Diced Peaches	Balsamic Glazed Parmesan Popcorn Chicken & Rice Roasted Mixed Vegetables, Celery Sticks, Watermelon, Applesauce	Fish Tacos Mexican Style Street Corn, Cucumber Tomato Salad, Craisins, Mandarin Oranges
8/3-8/7	Oven Roasted Drumstick W/ Mac & Cheese Collard Greens, Fresh Broccoli, Orange Wedges, Fruit Cocktail	Breaded Chicken Parmesan & Noodles Roasted Mixed Vegetables, Red Pepper Strips, Whole Apple, Diced Pears	Egg Fried Rice W/ Vegetable Egg Roll Seasoned Sweet Potato Fries, Cucumber Slices, Banana, Diced Peaches	Disco Fries W/ Tortilla Scoops Rainbow Blend Veggies, Celery Sticks, Watermelon, Applesauce	Chili Cheese Baked Potato W/ Corn Muffin Chipotle Campfire Beans, Cucumber Tomato Salad, Grapes, Mandarin Oranges
8/10-8/14	Fish Sticks W/ Sriracha Chili Sauce and Mac & Cheese Seasoned Potato Wedges, Tomato Wedges, Orange Wedges, Fruit Mix	Loaded Tater Tots & Popcorn Chicken W/ Garlic Bread Roasted Cauliflower, Cucumber Slices, Apples, Diced Pears	Jumbo Cheese Ravioli W/ Breadstick Seasoned Green Beans, Celery Sticks, Banana, Diced Peaches	Ham, Cheese & Caramelized Onion Flatbread Peas, Baby Carrots, Watermelon, Mandarin Oranges	Cajun Chili Fries Golden Corn, Red Pepper Strips, Pineapple Chunks, Fruit Cups
8/17-8/21	Hangtime Basket Seasoned Sweet Potato Fries, Baby Carrots, Orange Wedges, Fruit Cocktail	Sloppy Joe Sandwich Corn, Pepper Strips, Apple Slices, Diced Pears	Sweet & Sour Chicken W/ Veggies & Fried Rice Charro Black Beans, Cucumber Tomato Salad, Banana, Diced Peaches	Chicken White Bean Chili W/ Corn Muffin Steamed Kale, Celery Sticks, Watermelon, Applesauce	Breaded Fish Sandwich Green Beans & Carrots, Creamy Cole Slaw, Mixed Berries, Mandarin Oranges
8/24-8/28	Country Fried Steak W/ Country Gravy and Roll Garlic Parmesan Mashed Potatoes, Tomato Wedges, Orange Wedges, Fruit Mix	Vegetable Bean Chili Mac W/ Corn Muffin Kickin' Pinto Beans, Baby Carrots, Whole Apple, Diced Pears	Grilled Cheese & Bacon Melt Sandwich Roasted Brussel Sprouts, Fresh Cauliflower Florets, Banana, Diced Peaches	General Tso's Beef Dipper's W/ Veggies & Rice Roasted Carrots, Celery Sticks, Watermelon, Pineapple Chunks	Chicken Tagine W/ Chili Flatbread Crisp Steamed Broccoli, Cucumber Slices, Mandarin Oranges, Grapes

SERVING BREAKFAST ANYWHERE YOU ARE

Did You Know? We offer breakfast everyday! The cafeteria is open at **7:30**.

A MOBILE BREAKFAST CART will be open outside of the cafe before class & after 1st period.

Breakfast Pricing: Paid - $1.50, Reduced - $0.30, Adult - $2.15

OTHER LUNCH NOTES

Available Beverages: Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices

Student Lunch Pricing: Paid $3.15, Reduced $0.40, Milk $0.55, Adult $4.00

To qualify as a full lunch meal, a student must take a fruit or veggie, plus two other items.

Menus are posted online at
www.gccschools.com/menus

This institution is an equal opportunity provider.

Menus are subject to change without notice.